

NASHVILLE SCHOOL SWIM CLUB

High School 2023-2024

Mission: The purpose of the Nashville Public School Swim Club (NSS) is to encourage good physical and mental ability, sportsmanship, individual integrity, team play, and training for competition among girls and boys residing within a responsible distance of the club.

The Nashville Public School Swim Club (NSS) is registered as a 501c3

Head Coach:	Skyler Findley	skyler.findley@gmail.com	615-973-9748
Assistant Coach:	Anna Thurman April Parker Alli Riebel	humefoggschwimteam@gmail.com	615-476-6109 615-293-7025
Administrator:	April Parker	humefoggschwimteam@gmail.com	615-293-7025
Website:	www.nashvilleschoolswimclub.org		

Communication

Parents, please provide an email address that is regularly checked in order to stay up to date. Swimmers and parents will be copied on meet information. Check the team website for copies of forms, sign-ups, and updates. Parents will also receive a link to sign up for GroupMe for parents. The team captains use GroupMe to communicate via group text. All swimmers should provide a cell phone number if they have one.

Practice Schedule

Practices will be assigned according to swimmer age, school, and ability. Please see the website for specific areas of focus for each practice day. Practice will begin with assessments October 2-4. Practice will begin on October 16.

Scheduled times are **IN WATER** times. Be prepared, dressed, and ready to jump in at the published practice time.

All training sessions are required unless noted below or excused by the Coach. Please let the coach know if something comes up after school and you are not going to be able to attend practice or a meet.

Divers

Divers should contact Tim Jones (Middle TN Diving Program) for the cost of fees to practice and participate as a diver in Middle TN. MiddleTNDivingProgram@gmail.com 615-714-8866

Equipment

Swimmers will need to provide suits, towels, short fins, and goggles for practices. Links to required equipment can be found on the website. Meet suits, sportswear, and other equipment can be ordered from the SwimOutlet Team Store.

Snow Policy

If school is canceled, practice may also be canceled. Look for communication from the coach. The coach may provide an optional workout for those that can make it to an area YMCA and want to practice on their own. Meets held outside of the MNPS schedule (private school opponents may still happen on snow days. Parents and swimmers may use your discretion on snow days but we ask that you communicate your plans to swim to April by text.

Swim Meets

Meet sign ups are available about 10 days before the meet. Swimmers may sign up for two individual events and may be placed on two relays per standard meet guidelines. Coaching staff will determine meet entries. It is imperative that swimmers opt-out for meets if they are unable to attend, as they will be signed-up for events. It is assumed all swimmers will be participating in all swim meets unless discussed with the swim coach individually. We depend on all our swimmers to make up relays and provide a full composition of swimmers in a meet. Even though swimming is a club sport, we are still a team and rely on all our swimmers to be present at all our meets. If you signed up for a meet and cannot attend you must text April at 615.293.7025. If you commit to swimming at a meet you **MUST** attend or cancel your participation no less than 36 hours before the meet date.

Visit the team website for the meet schedule. Subscribe to the team calendar for the most up to date schedule.

Forms

No student may begin training with the team until he/she has completed the online registration form. The link to the form can be found on the team website and in team emails.

Participation Fee

There is a **\$350** participation fee assessed per swimmer to cover coaching fees, lane fees, equipment, and miscellaneous expenses. Additional practice equipment will be needed and may be purchased through the team or on your own. Meet fees, Regionals, and State fees may be assessed per swimmer before the events.

Do you practice with another club, ie. year-round swimmers? Fee for year round swimmers who **DO NOT** practice with the team is **\$185**. It is understood that the swimmer will not practice with the team except special invite practices.

Fees may be paid by venmo to **@AprilParkerNashville (Make sure you have the right Venmo--image on Venmo is of swimmers in lanes, 615-293-7025)**. **Venmo is the preferred method of payment.** If there is a financial hardship that prevents payment of this fee, please fill in the assistance form found on the team website.

Checks payable to **Nashville School Swim Club** with memo line your swimmer's name. Please mail all checks to April Parker, PO Box 41953, Nashville, TN 37204. **Please DO NOT send checks to the school office. Again, Venmo (@AprilParkerNashville) is preferred.**

All forms and fees are due no later than October 15th.

Parent Participation

The swim team relies on parent participation in a variety of ways. The team is required to provide at least four timers each meet (no experience required). The swimmers love snacks and gatorade at the meets. Some swimmers need rides to the meets. Swimmers love treat bags before meets. **Sponsors for t-shirts and team travel are needed.** And I am sure there are 100 other ways parents can help make the swim season great!

Meet Coordinator: Coordinate meet volunteers, Coordinate meet snacks and themes

Event/Party Coordinator: Work with team captains to Schedule team events and parties including team dinners and get togethers

School/PTO Parent Liaison: Works with Team Administrator and coaching to identify needs of team, Relays important team information to the school and PTO, Sends team information to PTO newsletter and school announcements, Schedules team meetings with the school as needed, Makes requests of the PTO and school following school and PTO guidelines

Fundraising/Sponsorship Coordinator: Raise funds to supplement team fees and provide team building events, Works with Team Administrator to identify funding needs, Works in the community to identify team sponsorship opportunities

Swim Fast, Have Fun!